



Community Media & Training Center

Welcome! Here are some handy tips to make your experience as a GNAT studio guest easy and fun:

Try not to wear white or black clothing - white is too reflective and black may blend into the background too much.

The microphone wire will need to run underneath your shirt so it cannot be seen on camera.

Flimsy fabrics, turtlenecks and tee shirts may not work with microphone clips - they will look pulled.

Your feet may be seen - wear shoes that you like!

Try not to spin and move your chair after shooting starts - the camera angles and shots are set to make you look your best.

The time goes by quickly - if there is a subject you'd like to talk about, feel free to discuss it with your host.

Be prepared to fill out a release form giving your permission to be filmed.

Try not to worry - it's lots of fun and GNAT staff will help you every step of the way.

After your appearance the footage will be edited and sent to the GNAT Programming Department. As soon as it's ready for air we will provide a TV schedule and link that you can share with family and friends. If you don't get our cable channels, your show can also be viewed on our Video on Demand player on the GNAT website, ROKU and YouTube.

Studio is located at:

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